

# The Graceful Connection

**MARCH 2025**



## **Latest News from the Town Village Vestavia Hills Newsletter**

March is bringing all the good vibes with celebrations of strength, kindness, and a little bit of luck! We're kicking things off with International Women's Day (March 8), a time to honor the incredible women who inspire, lead, and uplift us every day. Whether it's a family member, friend, or historical trailblazer, take a moment to celebrate their impact. Then, on March 20, let's channel our inner Mr. Rogers for Won't You Be My Neighbor Day, a perfect reminder to spread kindness and build a sense of community—maybe with a simple smile, a helping hand, or a friendly chat. Of course, March wouldn't be complete without the festive fun of Mardi Gras (March 4), bringing beads, jazz, and a spirit of celebration, followed by the shamrock-filled cheer of St. Patrick's Day (March 17), where we could all use a little luck and maybe an extra excuse to wear green. However you celebrate with us this month, we hope it's filled with joy, connection, and plenty of reasons to smile!

## Grace Signature Events

## Community Updates



Wear your GREEN and join us for a Super Shamrock Shin-Dig!  
Thursday March 13th  
3:00 -4:00  
Refreshments and Live Entertainment!



Our "Nourishing Neighbor" Events will be on Thursday March 20 at 1:45 in the lobby of your Floor. Please give us a chance to mingle with you.



Check out The Nook! Gently used, and new jewelry has recently been donated again to the Nook for our Library fundraiser plus other treats/ New Books arriving soon in the library. Please check YOUR bookshelves for Overdue Books. Many are missing! No fines, so please return TODAY!

## BIRTHDAYS

Elizabeth S. - 3rd  
Mary M. - 3rd  
Ruthie S. - 3rd

Lisa N. - 5th  
Estelle P. - 11th  
Gail L. - 11th

Helen D. - 12th  
Travis C. - 19th  
Gerrie H. - 22nd

Wally W. - 25th  
Linda C. - 31st



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## Mardi Gras with Enhabit Therapy



Music ~ Costume/Rollator Contest ~  
King's Cake  
Fat Tuesday, March 4, 3:00 – 4:00  
Bistro



During March, Let's Read Across America!  
Select a book, or 2 or 3, and indicate on map  
in Library the setting of your book OR where  
author lives. Please select a state without a  
pin in it.

## Read Across America!

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Alabama and Auburn and many other SEC Basketball teams are expected to be in the NCAA Basketball playoffs. Won't you have some fun with us in guessing which teams will win the basketball games and be crowned best team in the land?

Brackets available Monday March 17th at Transportation Table and need to be hung in Main Lobby by Tuesday March 18 @ 10. \$25.00 Visa gift card for winner!

## ROLL TIDE! WAR EAGLE!



"Sunset for the Dusty Boot" presented by the Village Characters on March 3, 4, & 5.  
Sign up @ Transportation Table.



## NEW RESIDENTS

**Christine Rousseau #337W**  
**Julia Schlabach #327W**

**Robert Stanley #164E**  
**Gwenda Griffen #368E**



TOWN VILLAGE  
VESTAVIA HILLS  
A GRACE MGMT COMMUNITY



**Thank you for making Town Village your home!**

## MEET OUR TEAM

Steve R. - Executive Director  
Teresa T. - Business Office Director  
Eric M. - Dining Services Director  
Tumonica P. - Housekeeping  
Supervisor

Cynthia G. - Life Enrichment Director  
Greg N. - Maintenance Director  
Desiree S. - Sales Director

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**The Town Village Vestavia Hills**

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