

The Graceful Connection

October 2024



The Town Village Vestavia Hills Newsletter

October is here, bringing a focus on health, staying active, fall flavors, and of course, a hauntingly good time. This month, our community is honoring two important observances: Breast Cancer Awareness Month and Active Aging Week. From October 6th to 12th, we're celebrating Active Aging Week, emphasizing the importance of living an active, healthy lifestyle at any age. We have an exciting lineup of activities designed to keep us moving and engaged, including our normal group exercise classes and more! This week is all about trying something new and having fun while promoting physical, mental, and social well-being. You may see a lot of pink this month as we mark Breast Cancer Awareness month and support efforts in early detection. In addition to these important observances, this month also brings a whole bunch of spooky silly fun with Bat Awareness Month, Apple Month, I Love Lucy Day, Bob Ross Day, and of course, Halloween. Don't be afraid to join in the fun!

Grace Signature Events



Community Updates

Shades Mtn. Baptist Church Pre-School "Mommy & Me" class shares their program on 9/30. If able, please bring some candy to share with the children after their class.

Covid Vaccines 9/17 Sign up Rqd.

**Best Fall Door & Floor Decor Decorating Contest. Judging on 10/8.
Residents Judge Pumpkin Decor Contest between TV Departments on 10/29.**

Village Characters Presents "Mischievous at the Manor" 10/28, 10/30, & 11/1.

Ask family to help us & like our Posts on Town Village Vestavia Hills Facebook page!

Join us for a special Breast Cancer Awareness presentation from one of our own, Dianne Riley. She will be sharing her experiences as a Breast Cancer survivor. Pink-Out Happy Hour will follow so please everyone wear PINK on 9/10!

BIRTHDAYS

Alison E. - 1st
Bobbie R. - 1st
Fannie Y. - 1st
Peter J. - 4th
Gerry M. - 6th

Norma H. - 6th
Bob D. - 7th
Sue R. - 8th
Beverly H. - 9th
Joan S. - 9th

Mildred C. - 9th
Janiece B. - 10th
Judy F. - 10th
Jackie G. - 15th
Lane C. - 15th

Sue S. - 17th
Steve M. - 19th
Kathy R. - 20th
Betty R. - 21st
Coleman G. - 21st

Faye H. - 24th
Kitty P. - 25th
Niecy B. - 26th
Helen M. - 28th
Jennie L. - 28th

WHAT FUN WE HAD IN SEPTEMBER.....



Returning by popular demand... "Games with Karen" ~10/7 & 10/28

Special Happy Hour as Gerry Moody's family invites us to celebrate her 98th Birthday with cake on 9/3

Boo Bake-Off, Chili Cook-Off, & Fall Fest Games & Prizes (starring Ex. Director, Steve Ragsdale in the Dunking Booth) 10/18 Sign up to participate! Friends and Family welcome!

New Books ordered for our Library from our fabulous Nook Jewelry Sales! Look for new books and new jewelry by middle of October.

50th Annual Greek Food Festival ~Lunch Out 10/4, \$

Morgan Creek Winery ~ Wine Sampling and beautiful vineyards 10/11, \$

Costume Contest on 10/31 at Tricks & Treats Happy Hour, Wear a costume!

NEW RESIDENTS

Don & Francie Blishie 169E
 Sue Sehon 253E
 Sandra & Reifield Clark 226W

Jerry Pullen 320W
 Helen & Bob Mitchell 319W



TOWN VILLAGE
VESTAVIA HILLS
A GRACE MGMT COMMUNITY



Thank you for making Town Village your home!

MEET OUR TEAM

Steve R. - Executive Director
Teresa T. - Business Office Director
Eric M. - Dining Services Director
Tumonica P. - Housekeeping
Supervisor

Cynthia G. - Life Enrichment Director
Greg N. - Maintenance Director
Desiree S. - Sales Director
Lolita C. - Sales Director

The Town Village Vestavia Hills

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